

# ABSTRACT OF THE DISCLOSURE

The present invention relates to a sheet or board like multiple layers laminated polyolefin foam having a plurality of polyolefin layers laminated on at least one side of a polyolefin foam by a coextrusion method. More specifically, the present invention relates to said multiple layers laminated polyolefin foam, wherein the thickness of the outermost layer constituting the plurality of polyolefin layers is 5 to 80  $\mu\text{m}$ , and the density  $d$  (g/L) of the polyolefin foam, the melt flow rate  $X$  (g/10 min) of the polyolefin constituting the innermost layer among the plurality of polyolefin layers, and the thickness  $Y$  ( $\mu\text{m}$ ) of the innermost layer of the multiple polyolefin layers satisfy the following relationships (1) to (4).

$$Y \leq 0.29dX \quad \dots (1)$$

$$5 \leq X \leq 40 \quad \dots (2)$$

$$70 \leq Y \leq 300 \quad \dots (3)$$

$$100 \leq d \leq 300 \quad \dots (4)$$